



15 Questions To Help Save The Planet

HOW KIDS CAN BE EARTH HEROES

These 15 questions with their examples can help illustrate how each question can translate into practical actions for kids (and their parents) ...making the concept of reducing their carbon footprint more relatable and achievable.

While not all of these questions may work for your kids/family, they may spark a new idea for how you can reduce your carbon footprint.

We've included two extra pages for additional or alternative ideas that work for you and your family.

Jackson would like to hear what eco-friendly practices or actions your children take. Email him or use the contact form on tree4humans.com and be sure to include your child's first name and first initial of their last name will be added to the Honors Forest. Email: info@trees4humans.com

In return, you will receive by email a personalized certificate to download and print in recognition of your child's efforts to help protect our planet.

1. What items can we reuse or repurpose instead of throwing away? Example: Turning old t-shirts into tote bags or rags for cleaning.

2. Can we walk or ride bikes instead of taking the car for short trips? Example: Choosing to walk to the park or school instead of driving.

3. Can we plant a tree or start a small garden?
Example: Planting a fruit tree in the backyard or starting a herb garden on the windowsill.

4.. How can we save water every day, such as during baths or brushing our teeth? Example: Turning off the tap while brushing teeth or taking shorter showers.

5. Are there fun DIY projects we can do with things that can be upcycled... to make them into something with another purpose? Example: Creating art projects from recycled materials, like making a bird feeder from a plastic bottle.

6. How can we use less paper and plastic in our daily activities? Example: Using both sides of paper for drawing or notes and bringing reusable bags to the grocery store.

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8. Are there toys or clothes we can donate instead of throwing them out? Example: Donating gently used clothes and toys to a local charity or organizing a swap meet with friends.

9. How can we make our home more energy-efficient, like turning off lights when we leave a room? Example: Making sure to switch off lights, TVs, and computers when not in use.

10. What local foods can we eat to reduce transportation emissions? Example: Choosing fruits and vegetables in season and grown locally, rather than food brought in by trucks from far away.

11. What things can we do to avoid using single use items, such as plastic utensils, water bottles and plastic bags that are thrown away after one use? Example: Carrying a reusable water bottle and using cloth bags for shopping.

12. How can we encourage our friends or other students at school to be more eco-friendly? Example: Starting a recycling program at school or organizing a clean-up day at a local park with friends.

13. Where can we learn about, and what can we do, to support local wildlife and their habitats? Example: Building a birdhouse or planting native flowers that attract butterflies and bees.

14. What can we do to challenge ourselves to have a 'zero waste' day once a week? Example: Planning meals and activities that produce no trash for a day, like using only reusable containers and not using packaged snacks.

15. How can we reduce energy use with our gadgets and appliances? Example: Unplugging chargers when not in use and setting computers to sleep mode when taking breaks.

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