

# 5 Easy Ways to Reduce YOUR CARBON FOOTPRINT

The amount of CO<sub>2</sub> released into the atmosphere because of our own energy needs is our individual carbon footprint. Large carbon footprints deplete Earth's natural resources while increasing greenhouse gases and more CO<sub>2</sub> becoming harmful to our planet and all living creatures.



## ENERGY

→ VAMPIRES ←

In our homes today, practically every room has a mobile device or computer charging at any given time.

Unplug that phone, tablet, game, laptop when it's finished charging AND the wall charger to save \$\$ and not waste energy. They're using energy, when not in use.

## RECYCLING ADDS UP

Did you know that recycling can cut carbon dioxide and other greenhouse gas emissions that lead to climate change?

Recycled items get re-used as new products to eliminate waste and save Earth's limited resources. Everyone can help since it all adds up. Try convincing your parents to get a recycling bin and then to use it every day!

## LIGHTEN UP

Look around your home: Is every room ablaze with the lights on and no one's there?

Turning off lights when not being used stops energy waste, saves money and reduces power consumption...and that means your own carbon footprint will be smaller. That's a no-brainer.

## SAVE. WHILE. BRUSHING.

Leaving the water running, while brushing your teeth wastes 4 gallons every time you brush. That's 8 gallons per person for most people who brush twice daily.

So...turn off the water while brushing, then turn it back on when ready to rinse.

## SAVING GALLONS

Long showers feel great, but the average 10-minute shower uses 18 gallons of water! So, on normal days, try taking shorter showers.

If you listen to music while showering, try to stick to just two songs and you'll save gallons.